

October and November 2022 Wellness Center Pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 23 Lap: 12 PM- 1 PM Open: 4 PM- 6 PM	24 Aqua: 8 AM- 9 AM Lap: 12 PM- 1 PM Open: 7 PM- 8:45 PM	25 Lap: 6 AM- 8 AM Lap: 12 PM- 1 PM Open: 7 PM- 8:45 PM	26 Aqua: 8 AM- 9 AM Lap: 12 PM- 1 PM Open: 7 PM- 8:45 PM	27 Lap: 6 AM- 8 AM Lap: 12 PM- 1 PM Open: 7 PM- 8:45 PM	28 Aqua: 8 AM- 9 AM Lap: 12 PM- 1 PM	29 Open: 9 AM- 11 AM Lap: 12 PM- 1 PM Open: 4 PM- 6 PM
30 Lap: 12 PM- 1 PM Open: 4 PM- 6 PM	31 Lap: 11 AM- 1 PM Open: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	November 1 Lap: 6 AM- 8 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Open: 7 PM- 8:45 PM	2 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	3 Lap: 6 AM- 8 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Open: 7 PM- 8:45 PM	4 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Open: 4 PM- 6:45 PM Lap: 6:45 PM- 7:45 PM	5 Lap: 9 AM- 10 AM Open: 10 AM- 1 PM Open: 2 PM- 5 PM Open: 6 PM- 7:45 PM
6 Lap: 12 PM- 1 PM Open: 1 PM- 7 PM	7 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	8 Lap: 6 AM- 8 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Open: 7 PM- 8:45 PM	9 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	10 Lap: 6 AM- 8 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Open: 7 PM- 8:45 PM	11 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Open: 4 PM- 6:45 PM Lap: 6:45 PM- 7:45 PM	12 Lap: 9 AM- 10 AM Open: 10 AM- 1 PM Open: 2 PM- 5 PM
13 Lap: 12 PM- 1 PM Open: 1 PM- 7 PM	14 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	15 Lap: 6 AM- 8 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Open: 7 PM- 8:45 PM	16 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	17 Lap: 6 AM- 8 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Open: 7 PM- 8:45 PM	18 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Open: 4 PM- 6:45 PM Lap: 6:45 PM- 7:45 PM	19 Lap: 9 AM- 10 AM Open: 10 AM- 1 PM Open: 2 PM- 5 PM Open: 6 PM- 7:45 PM
20 Lap: 12 PM- 1 PM Open: 1 PM- 7 PM	21 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	22 Lap: 6 AM- 8 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Open: 7 PM- 8:45 PM	23 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	24 Happy Thanksgiving! GFWC closed	25 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Open: 4 PM- 6:45 PM Lap: 6:45 PM- 7:45 PM	26 Lap: 9 AM- 10 AM Open: 10 AM- 1 PM Open: 2 PM- 5 PM Open: 6 PM- 7:45 PM
27 Lap: 12 PM- 1 PM Open: 1 PM- 7 PM	28 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	29 Lap: 6 AM- 8 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Open: 7 PM- 8:45 PM	30 Aqua: 8:30 AM- 9:30 AM Lap: 11 AM- 1 PM Op/Sh*: 4 PM- 6 PM Lap: 6 PM- 7 PM Open: 7 PM- 8:45 PM	24	25	26

Lap: Lap swim

Open: Open Swim

Yellow Dates: Wubit Days

Op/Sh*: swim practice, hot tub and shallow end open only until 5 pm

Aqua: Aqua Jog - water fitness class

SL: Swimming Lessons— pool and hot tub area closed to the public

All times subject to change