

VALLEY CITY PARKS AND RECREATION 2023 SUMMER GUIDE



733 8th Avenue SW Valley City, ND, 58072
701-845-3294 info@vcparks.com
www.vcparks.com





Contents

Community Wellness	p. 6
Scholarship Program	
L.E.A.P	p. 7
July Celebration	p. 8-9
Gaukler Family Wellness Center	p. 10-11
Bjornson Golf Course	p. 12-13
Music & Entertainment	p. 14-15
Rentals	p. 16-17
Adaptive Programs	p. 18
Play Park	p. 19
Adult Softball	p. 20
Volleyball	p. 21
Youth Programs	p. 22-26
Track	p. 22
Tennis	p. 23
Baseball/Softball	p. 24-25
Mr. Basketball Academy	p. 26
More Recreation Opportunities ...	p. 27
Aquatics	p. 28-31
Swimming Lessons	p. 28-29
Indoor Pool	p. 30
Outdoor Pool	p. 31
VCPR Parks and Facilities	p. 32-33
July Sponsor	p.34
Community Organizations	p. 35

Facilities

Bjornson Park Public Golf Course
701-845-5452 | 2473 Woodland Park

Charlie Brown Memorial Baseball Field
230 12th St NE

Chautauqua Park /Dacotah Pavilion
933 12th St NE

City Park
440 4th St SW

College Complex/Tharaldson
905 10th Ave SW

Gaukler Family Wellness
701-845-3294 | 733 8th Ave SW

Granger Hill Park
Valley Ave & 6th St SE

Hi-Line Park
1029 5th Ave NE

Hinschberger Park
606 2nd St NE

Park Shop
701-845-1818 | 1105 Viking Drive SW

Pioneer Park
800 4th St NW

Rec Center
140 4th St SW

Skate Park
109 4th St SW

Tourist Park
701-845-3294 | 675 East Main St

VCPR Community Pool
701-845-0296 | 870 2nd Ave NE

Veterans Memorial Park
135 East Main St

VCPR Office

(701) 845 - 3294
733 8th Ave. SW
info@vcprparks.com
www.vcparks.com



Board Members

Dick Gulmon, President

Buff Murray, Vice President

Jordyn Heck, Commissioner

Ross Powell, Commissioner

Susan Kringlie, Commissioner

Social Media



Valley City Parks and Recreation



@VCParkRec



@vcpr701



@vcparks

Staff

Tyler Jacobson, Executive Director

Ashley Martinson, Office Manager

Amy Pederson, Recreation Manager

Hilary Flatt, Facilities Manager

Aquatics Supervisor

Lance Lukes, Wellness Center Maintenance Supervisor

Matt Brandvold, Pro Shop/Special Events Coordinator.....

Macy Schlaht, Marketing Coordinator

Kelly Myers, Customer Relations Supervisor

Darvin Keys, Golf Course Green Superintendent

Jim Olstad, Park Shop Superintendent

Mike Lentz, Buildings & Grounds Superintendent

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VALLEY CITY PARKS AND RECREATION

recreation spotlight



AUG
5



RiverFest is the area's largest watercraft festival and brings over 120 paddlers from more than four states to Valley City. This year's event features a watercraft launch, a scenic float down the Sheyenne River, raffle drawings, booths, games, and classes at Chautauqua Park to end the day. We even have a Craft and Vendor Show!

AUG
5



Valley City's newest craft show! Enjoy over 30 booths of everything from delicious goodies to gorgeous handmade items. Grab a bite to eat at one of the food trucks, and enjoy the beauty of Chautauqua Park!



FREE KIDS GOLF

Each Tuesday morning in July, kids can enjoy a free round of golf at Bjornson Golf Course to help celebrate National Parks and Recreation month! Participants must tee off before noon.



RENTALS

Did you know Valley City Parks and Recreation offers rentals like:

- Bicycles
- Kayaks
- Cornhole
- Dakota Pavilion
- Picnic Areas
- GFWC



"HEY, MATT!"

Stay up-to-date on all events and activities with Matt, our Special Events Coordinator! He's fighting fires, running 5Ks, and swimming at the outdoor pool, so watch for his videos on our social media!



Employment Opportunities

VCPR has open employment opportunities available including part-time and full-time positions. See page 19 for a list of current part-time job openings for ages 14+. Our list of full-time positions can be found at www.vcparks.com

Registration Deadlines

Registration is open 24/7 and can be done online at www.vcpark.com or through the Wellness Center during open hours. Checks, cash, VISA/MC/Discover are accepted.

- Scholarship registrations MUST be approved and can only be done at the Wellness Center.
- VCPR accepts no registrations until fees are paid.
- VCPR reserves the right to reschedule or cancel any program due to facility or time conflict.
- When registering any participant, please state the grade they will be entering in the next school year, not the grade they just completed.
- Age and grade specifications vary according to the program.

Registering Online

Please Note: When registering online, it will appear you are paying \$20 more than the actual fee. This is discounted as you check out if you are registering prior to the deadline.

Registration fees will apply after the deadline.

Registration dates may vary according to activity beginning date.

VCPR Policy States:

- Adult: 19 years old or older
- College: must be enrolled as a full-time student
- Junior/Youth: under 18 years old
- Household: 2 adults and direct children through age 18 unless a full-time college student up to 23 years old
- Senior: 65 years old or older
- Valley City Parks and Recreation District does NOT give refunds once a program has begun
- There are NO refunds once fee is paid in programs that participants numbers are limited in programs with limited numbers, except for medical reasons.

Insurance

The Valley City Park District carries liability insurance for all grounds, facilities, and activities. VCPR does not carry medical or accident insurance for the participants of the program. Please review your family's health insurance plan to be sure you have proper coverings.

Photography

Valley City Parks and Recreation take photographs of people enjoying our programs, events, parks, and facilities. These photographs are property of the Valley City Parks and Recreation and are used at the discretion of VCPR.

Mission Statement

The mission of Valley City Parks and Recreation is to promote broad based parks and recreation opportunities in order to improve the quality of life for people of all ages, stages and abilities in a cost-effective and financially responsible manner.

VCPR actively seeks and supports participation by persons with disabilities in recreation programs and services. To ensure that your needs are met, please contact the VCPR Office at 701-845-3294.



For Cancelled/Postponed programs, check www.vcparks.com, listen to NewsDakota - KOVC 1490, and check our Facebook, Instagram, and Twitter.



Community Wellness For All Program Scholarship Program Requirements

Reduced Gaukler Family Wellness Center Passes

Available through an application process with Valley City Parks and Recreation. This program is income-based and a sliding fee scale is used. Those interested in applying may contact the Gaukler Family Wellness Center for an application or get one from www.vcparks.com.

Once financial eligibility is approved, you will be mailed a letter stating what you will receive for your scholarship. You will also be given an orientation to the facility and an explanation of your scholarship.

Applications must be filled out completely with requested information provided. The application should then be dropped off at the Gaukler Family Wellness Center. A minimum admittance of 12 times per 60 days is required by all individuals over 9 years old on the membership.

Reduced Activity Programs

Individuals and families who qualify for free and reduced meals through their local school are eligible for reduced programs through Valley City Parks and Recreation.

- Provide Free and Reduced eligibility letter from school administration office.
- **Maximum of 3 programs per season.** Also applies to eligibility for L.E.A.P. After School Program during the school year. For information, check www.vcparks.com. The reduced rate can be used each month of the school year starting September 1, 2023.
- Swimming lessons do not qualify for a reduced rate.
- Adaptive summer programs are offered at a 50% reduced rate if paid before early registration deadline.
- Registration forms are available at the GFWC or at www.vcparks.com. Forms must be completed and returned to the Wellness Center. A registration form for each child participating in programs must be completed.

Reduced Outdoor Pool Passes

Individuals and families who qualify for free and reduced meals through their local school are eligible for a reduced rate on outdoor pool passes. Must provide free and reduced eligibility letter to the Valley City Parks and Recreation.

Deadline to sign up for reduced pool passes: June 30th, 2023

For questions regarding Wellness Center passes, programs, and applications for the Community Wellness for All Program, please contact the Gaukler Family Wellness Center at 701-845-3294.

The Community Wellness For All Program is sponsored by the Sheyenne Valley Community Foundation through various donations. Funds are granted to the extent of resources available, prices, and availability and are subject to change. For more information on the Sheyenne Valley Community Foundation, please contact Andrea Nelson at 701-490-1596, director@yoursvcf.org, or www.yoursvcf.org.

Thank you to our July Celebration sponsor: RE/MAX!





Valley City Parks and Recreation JULY CELEBRATION

Summer Fun Run 5k

July 8, 2023 | Start Time 8:30 A.M.

Lace up your running shoes for the Summer Fun Run 5k! Enjoy a beautiful morning in the summer while getting some exercise during this event. Walk or run this 5k route, competitively or leisurely.

BBQ Pulled Pork Cookoff

July 13, 2023 | 4:30 P.M. | Central Avenue

Watch Valley City businesses go head to head during a pulled pork cookoff! Enjoy the delicious food and head over to Summer Nights on Central. To register your business or organization, click [here](#).

City Officials Wiffleball Tournament

July 9, 2023 | 1:00 P.M. | Tharldson Field

This first annual wiffleball tournament will be held at Tharldson Field and will feature city officials like the Park District, City of Valley City, Fire Department, and Police Department.

Co-Ed Sand Volleyball Tournament

July 15, 2023 | 10:00 A.M. | Chautauqua Park

Get your teams together for some co-ed volleyball! This sand volleyball tournament will be held at Chautauqua Park at the newly renovated sand volleyball courts.

Safety in the Park

July 27, 2023 | 4:30 P.M. | Chautauqua Park

Join the Valley City/Barnes County first responders at the annual Safety in the Park event! Featuring games, music, food, and prizes, this event is fun for the whole family!







VCPR JULY CELEBRATION

2 0 2 3



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 2	    Valley City Parks and Recreation	 701-845-3294   Valley City Parks and Recreation	5 Music in the Park Time: 7:15 P.M.	6 Outdoor AquaFit Class Time: 6:00 P.M.	7 Visit the outdoor pool for a day of swimming!	8 Summer Fun 5K Registration Time: 7:30 am Start Time: 8:30 am
9 City Officials Wiffleball Tournament 1:00 P.M. Tharldson Field	10 Outdoor Yoga Class location: City Park Time: 6:00 P.M.	11 Outdoor AquaFit Class Time: 6:00 P.M. Free Kids Golf Morning	12 Music in the Park Time: 7:15 P.M.	 13 BBQ Pulled Pork Cookoff Start Time: 4:30 pm Location: Central Avenue Summer Nights on Central Featuring Tripwire!	14 VCTA Jr. Tennis Open	15 Co-ed Sand Volleyball Tournament Registration starts: 9 am Tournament starts 10 am Location: Chautauqua Park
16 Rent a kayak from the kayak trailer and float down the Shesenne River! City Park Week	17 Walking Event TBA 5:00 - 8:00 P.M. City Park	18 Outdoor AquaFit Class Time: 6:00 P.M. Free Kids Golf Morning	19 Music in the Park Time: 7:15 P.M.	20 Walk the Jefferson Mile or play basketball at Granger Hill Park Summer Nights on Central featuring Two Weeks Notice!	21 Pickleball tournament at City Park Registration: 8:00 A.M. Start time: 9:00 A.M.	22
23 Church in the Park Where: City Park Time: 10:00 A.M.	24 Play a round of bean bag toss at Chautauqua Park!	25 Outdoor AquaFit Class Time: 6:00 P.M. Free Kids Golf Morning	26 Music in the Park Time: 7:15 P.M. Free Swim Day Outdoor pool	27 Safety in the Park Time: 4:30 - 7:00 P.M. Chautauqua Park Meal, Games, & Music	28 Play kickball at Hi-Line Fields	29 Rent bikes from the bike rental kiosk at the Gaukler Family Wellness Center!
30 Grab your favorite snacks and have a picnic in a park!	31	1	2	3	4	5 RiverFest Craft & Vendor Show National Fish Hatchery

Help us celebrate National Parks and Recreation month!



Gaukler Family Wellness Center

[Learn More](#)

Address: 733 8th Ave SW

Phone: (701) 845 -3294

The Gaukler Family Wellness Center offers the community a facility aimed to provide those of all ages amenities to help achieve fitness goals. With the extensive list of amenities and classes, there is something everyone can enjoy!

Amenities

- Fitness Area
- 3 Lane Walking Track (11 laps/mile)
- Indoor Pool and Hot Tub
- 4 Lap Lanes, Leisure Pool, and Zero Depth Entry
- Playground
- 2 Basketball Courts
- 12 Adjustable Hoops
- Lines for 2 Volleyball Courts
- Access to Personal Trainers
- Party Room Rentals
- Smoothie and Coffee Bar

Classes

- Cycling
- AquaFit
- Cycle 360
- Stretching & Recovery
- Yoga
- Foam Rolling
- Zumba



Summer Hours

Sunday	8 A.M. - 8 P.M.
Monday - Thursday	5 A.M. - 9 P.M.
Friday	5 A.M. - 8 P.M.
Saturday	6 A.M. - 8 P.M.

Scholarship Program

Available through an application process with the Valley City Parks and Recreation, this program is income based and a sliding fee scale is used. Those interested in applying may contact the Gaukler Family Wellness Center for an application or get one from www.vcparks.com. *Applications must be filled out completely with requested information. The application should then be dropped off at the Wellness Center.*

For more scholarship information, see page 4.

Party Room Rentals

The Gaukler Family Wellness Center has two party rooms available for rent including one large party room (25 person capacity) and a small party room (15 person capacity). All rentals are for 3 hour blocks and include the use of the indoor playground, gymnasium, and pool (as pool hours allow). Party room amenities include use of the full kitchen (cookware and utensils are not provided). The party rooms are handicap accessible.
No confetti/glitter allowed.



Membership Rates

Youth: AGE 18 AND UNDER

Monthly (Reoccurring*)	\$25
Month (Month by Month)	\$30
Annual (Paid in Full)	\$251

Adult: AGE 19 - 64

Monthly (Reoccurring*)	\$43
Month (Month by Month)	\$48
Annual (Paid in Full)	\$464

Senior: AGE 65 +

Monthly (Reoccurring*)	\$36
Month (Month by Month)	\$41
Annual (Paid in Full)	\$376

Senior Couple:

Monthly (Reoccurring*)	\$64
Month (Month by Month)	\$70
Annual (Paid in Full)	\$688

Household:

2 adults & direct children through age 18 or full time college student through age 23

Monthly (Reoccurring*)	\$75
Month (Month by Month)	\$80
Annual (Paid in Full)	\$814

Single Adult Household:

1 adult & direct children through 18 unless full time student through 23

Monthly (Reoccurring*)	\$59
Month (Month by Month)	\$65
Annual (Paid in Full)	\$626

Drop-In Rates

Youth: AGE 18 AND UNDER

\$5.00/day (full facility access)

Adult: 19+

\$10.00/day (full facility access)



Bjornson Park Public Golf Course

Address: 3473 Woodland Park
Phone: (701) 845 - 5452
Mail: PO Box 422, Valley City, ND, 58072

Golf Season Passes	
Adult	\$480.00
Family	\$677.00
Junior (Under 18)	\$100.00
College (25 & Under Full Time Student)	\$297.00
Senior (65+)	\$414.00
Senior Family	\$607.00

Daily Green Fees	9 Holes	18 Holes
	\$20.00	\$28.00

Cart Rentals	9 Holes	18 Holes
Per Seat	\$10.00	\$20.00

Season Trail Fees	
Single Owner	\$230.00
Dual Owner (each pays)	\$200.00

Driving Range Buckets	
Large Bucket	\$10.00
Medium Bucket	\$8.00

Bjornson Park Public Golf Course is a challenging 9-hole course set along the scenic Sheyenne River. The course opened in 1994 and is managed by Valley City Parks and Recreation. The par 35 course measures just under 3,000 yards. The natural and man-made hazards, hilly terrain, and large greens make this course an enjoyable experience for all golfers. Practice facilities include a driving range, practice green, and chipping green.

Book A Tee Time

Bjornson Golf Course





Music in the Park

City Park Bandshell - 440 4th St. SW

Summer in Valley City is a great time to come out on Wednesday evenings to enjoy the beauty of City Park. "Music in the Park" began the summer of 1996 on the historic bandshell and has continued to grow through the years. Each week beginning the first Wednesday of June through mid-August, musicians and groups are featured each week showcasing their talents for the community and surrounding area for all ages.

During the summer of 2021, "Music in the Park" celebrated 25 years! Special individuals were recognized each week for their contribution to music and the arts. This was a special time and look forward to the upcoming 2023 season! A free will offering is taken each week. Bring your lawn chairs and blankets and enjoy the outdoor entertainment at City Park!

Scheduling is just beginning! Programs are on Wednesday evenings @ 7:15 P.M. See Valley City Parks and Recreation/Bridges Art Council social media and websites for dates.





Valley City Ampitheatre - 800 4th St. NW

The newly restored Ampitheatre is located in Pioneer in the northwest part of town. It was a collaborative effort of the Bridges Arts Council, Valley City Girl Scouts and others in the community who made the restoration possible. 2021 was an exciting summer as several artists shared their talents on four different Sunday evenings throughout the summer. Each evening was a different theme, so therefore a wide variety of entertainment was shared. The Ampitheatre is a great venue to enjoy the outdoors as well.

Stay up-to-date on events and activities happening at the Ampitheatre by checking the VCPR website at www.vcparks.com or the Bridges Arts Council website at www.bridgesarts.org.





Equipment

Bike Rentals

Prices: \$3.00 for the first hour
\$1.00 for every hour after 1st hour



Steps for Renting Bike

1. Open Movatic App and select the Valley City location
2. Select the bike number you want to rent and press "Rent Bike". Make sure your Bluetooth is on (Note: you must be within 4-5 feet of the bike)
3. The lock on your bike will start to beep and flash. You will have ten seconds to remove the bike from the lock

Steps For Returning Bike:

1. Roll bike back into rack and confirm that the bike is secured
2. Open the Movatic App. The bottom of the screen will indicate you have an active rental
3. Press the active circle and click "end rental"

Kayak Rentals

Locker station is located at Bjornson Municipal Golf Course at 3473 Woodland Park. (Note: Equipment must be returned 5 minutes before end of rental period to avoid late fees!)

Prices:

Single: \$25.00 per time slot or \$50.00 per day

Double: \$30.00 per time slot or \$60.00 per day

Hourly Time Slots:

8:00 A.M. - 8:00 P.M. (All day rental)

8:00 A.M. - 11:00 A.M.

11:00 A.M. - 2:00 P.M.

2:00 P.M. - 5:00 P.M.

5:00 P.M. - 8:00 P.M.





Facilities

Dacotah Pavilion

Full Day Rental Fee: \$200

Half Day Rental Fee: \$150

(Morning 7:00 a.m. - 3:00 p.m. | Afternoon 4:00 p.m. - close)

Dacotah Pavilion, located in Chautauqua Park, is an excellent year-round handicap accessible facility to hold reunions, receptions, retreats, business meetings, community events, dinners, etc.

- Full kitchen with oven, refrigerator, microwave
- Modern Restrooms accessible in and outdoors
- Heating & Air Conditioning
- Tables & chairs to seat 150 people
- Flat screen TV with video hookups

NO Helium Balloons or Confetti/Glitter please.

Reservation Fee MUST BE PAID IN FULL at the time building is reserved.

When the key is checked out a \$100.00 refundable security deposit is required. Make reservations at the VCPR Office. Alcohol Permits are also available.

Outdoor Picnic Shelter

Groups planning picnics may reserve City Park, Chautauqua Park, and Pioneer Park shelters by calling VCPR offices. There are a variety of amenities at each park. Shelters will have 6 picnic tables for seating of up to 48 people. Shelter reservations cannot be made more than one year in advance.

Tourist Park Campground

Reserve

The Tourist Park is a seasonal campground open mid-May through mid-October. This camping facility has 27 sites with full hook-ups (sewer, water, and electricity). There are showers and restrooms on site. No wifi. Reservations can be made online at www.vcparks.com or by calling 701-845-3294. Reservations must be paid in full when reservations are made.





Adaptive Programs

Adaptive programs are for individuals with special needs.
Must be at least 5 years old to participate.

[Click to Register](#)

Soccer Jefferson Field

Dates	Days	Time	Registration Fee	Registration Fee (After May 1)
June 6 - June 29	Tues., Wed., Thurs.	9:00 A.M. - 10:00 A.M.	\$24.00	\$44.00

Softball Hi-Line Park

Dates	Days	Time	Registration Fee	Registration Fee (After June 19th)
July 10 - August 3	Mon., Tues., Thurs.	4:45 P.M. - 5:45 P.M.	\$24.00	\$44.00

Swimming Gaukler Family Wellness Center Pool

Dates	Days	Time	Registration Fee	Registration Fee (After June 26th)
July 6 - July 28	Tues., Thurs., Fri.	12:00 P.M. - 12:45 P.M.	\$24.00	\$44.00
<i>* July 27 & 28 will be held at the Outdoor Pool</i>				



Play Park

[Click to Register](#)

Ages: 3 - 5 years old (child's age as of April 30, 2023)

Early Registration Fee: \$48

Registration Fee: \$68

Early Registration Deadline: May 1, 2023

Dates: June 6 - 29

Must be fully potty trained.

Let your child's imagination run wild during Play Park's many activities including playing at the parks, doing crafts, playing games, and listening to storytime.



Play Park

Ages	Times	Days	Dates
3 - 5	8:45 A.M. - 10:00 A.M.	Tues. & Thurs.	June 6 - June 29
3 - 5	10:15 A.M. - 11:30 A.M.	Tues. & Thurs.	June 6 - June 29

We're Hiring!

VCPR and the GFWC are hiring for multiple positions!

- GFWC Front Desk
- GFWC Maintenance
- Special Events
- Lifeguards
- Outdoor Pool Cashier/Slide Attendant
- Pro Shop Attendant
- Golf Course Maintenance
- Golf Instructor
- Parks, Game Fields, and Building Maintenance
- Tennis Coaches
- Play Park Coordinator
- Play Park Teacher/Aide
- Assistant Track Coordinator
- Youth Baseball/Softball Coaches
- Fast Pitch Girls Softball Coach
- Baseball Coaches
- Concessions Workers



Men's Softball

- Monday Nights
- Weekly competitive league for teams
- Minimum of 12 players per team
- Maximum of 20 players per team
- Must be 16 or older to play

Dates: May 15 - July 31 (skipping July 3)

Time: 6:45 P.M.

Sponsor Fee: \$370

Sponsor Deadline Date: April 13, 2023

Early Registration Player Fees: \$60

Early Registration Deadline: May 15, 2023

Registration Fee: \$80

Location: College Complex

Deadline to Add Players: June 1, 2023

[Click to Register](#)

Co-ed Nickel Softball

- Wednesday Nights
- 5x5x5 - Only 6 players for a team
- Max of 8 players on a team
- Must have 6 teams to have a league
- Must be 16 or older to play

Dates: July 11 - August 29

Time: 6:45 P.M.

Sponsor Fee: \$180

Sponsor Deadline Date: July 1, 2023

Early Registration Player Fees: \$40

Early Registration Deadline: May 16, 2023

Registration Fee After July 13: \$60

Location: College Complex

[Click to Register](#)



of North Dakota

Adult Softball Rules Clinic

Dates: TBA

Time: TBA

Location: Wellness Center Large Party Room

- All managers **MUST** attend the meeting
- Softball Manager's meeting to follow

Co-Ed Nickel Softball Rules

- Each game is scheduled for 5 innings
- Each team must have at least 2 females in the lineup at all times and no more than 3 males
- 3 Teams play a game
 - One team starts with 4 infielders and a catcher
 - One team starts with 4 outfielders and a pitcher
 - Final team is batting (3 males max in lineup)





Co-Ed Sand Volleyball

- Tuesday Nights
- Weekly competitive league for teams
- Minimum of 4 players and maximum of 8 players
- Must be 18 or older to play
- New Courts (2)

Dates: July 12 - August 30

Time: 6:00 P.M.

Sponsor Fee: \$160

Sponsor Deadline Date: July 1, 2023

Early Registration Player Fees: \$43

Registration Fee After July 12: \$63

Location: Chautauqua Park

[Click to Register](#)

League Rules:

- Games will consist of three matches with the first two scored to 25 and the third to 15
- 4 players on the court must have 2 females on the court at all times
- Teams are to swap sides every 12 points and 7 points in the third set
- Any controversial point will result in a replay of that point
- Server is the only player not allowed to play front row (including blocking and attacking)

Girls High School Volleyball League

- Thursday Nights
- For girls entering Grades 7-12 (Going into Fall 2023)
- This is a team league. Games will be played.
- Coaches get your players to sign up
- Players need to sign up individually (list team name)
- If you don't have a team, one will be assigned to you.
- Early Registration fee includes t-shirt
- **Instructor: Bailey Nelson (VCSU Volleyball)**

Dates: June 1, 8, 15, 22, 29

Time: Grades 7-8 5:00 p.m. (drills, skills, games)

Grades 9 - 12 7:00 p.m. (league play)

Early Registration Player Fees: \$60

Registration Fee After May 19: \$80

Location: Rec Center Gym

[Click to Register](#)





Track

Sponsored by **Eagles Aerie 2192**

For boys and girls ages 13 and under
Register each night at the track

Cost: No charge

Location: Dacotah Track at Hanna Field

Dates: June 5, 12, 19, 26
July 10, 17, 31

Start Time: 6:30 P.M.

Youth Tennis

[Click to Register](#)

VCPR offers tennis play and lessons and teaches students the fundamental strokes and techniques of tennis.

- Youth lessons
- Limit 30 per session
- Grade going into Fall 2023

Early Registration Fee: \$48

Registration Fee: \$68

Early Registration Fee Deadline: May 1, 2023

Dates: June 5 - June 29

Tournament: July 25 & 26

Location: High School Tennis Courts

Grades	Times	Days
1 - 2	8:30 A.M.	Mon - Thurs
1 - 2	9:15 A.M.	Mon - Thurs
3 - 4	10:00 A.M.	Mon - Thurs
5 - 7	10:45 A.M.	Mon - Thurs
3 - 4	11:30 A.M.	Mon - Thurs
5 - 7	12:15 A.M.	Mon - Thurs



Valley City Tennis Association Contact Susan Kringlie

Tennis Block Party

Celebrating "May is Tennis Month"! Free tennis, games and prizes for youth to adults at the VC Rec Center on Wednesday May 3rd from 6:30-8pm. Contact Susan Kringlie, #701-840-1727

Adult Social Doubles

- Open to adults, college, and varsity high school players
- Consists of doubles drills/games
- Tuesdays

Fee: A new can of tennis balls!

Dates: June 6 - July 25

Time: 6:30 P.M.

Location: HS Tennis Courts

Contact: Erik Kringlie
e_k@me.com

Junior Team Tennis (JTT)

- Girls and Boys ages 8-18
- All abilities
- Includes drills, match play, and character development

Fee: \$50

Dates: June 7 - June 26

Elementary: 5:00 P.M.

Jr. High/JV: 6:00 P.M.

Varsity: 7:30 P.M.

Location: HS Tennis Courts

Contact: Matt Nielson
701-840-1594

www.playtennis.usta.com/vcta

Valley City Junior Open

- USTA Sanctioned tournament
- Boys and Girls ages 12-18
- Singles and doubles

Fee: **None**

Dates: July 14, 15, & 16

Location: High School/City Courts

Contact: Susan Kringlie
701-840-1727

Online Tournament Registration:
www.playtennis.usta.com/vcta

Summer Singles Flex League

For players in 7th grade through Adult, runs June 5th to July 28th. You will have one match assigned per week. Format will be two out of three sets with a super tiebreaker. Cost is \$40. If you play all 8 assigned matches, you will be refunded \$20. Make checks payable to VCTA. Text/Email Matt Nielson to sign up, #701-840-1594 or matt.nielson@k12.nd.us

*for any financial hardships, please contact VCTA for available scholarships



Youth Baseball/Softball

- Age as of April 30, 2023
- Basic skills and game play

[Click to Register](#)

Dates: June 5 - July 26

Early Registration Fee: \$48

Registration Fee: \$68

Early Registration Deadline: May 1, 2023

Location: Hi-Line Park

Parent's Night: July 24, 25, 26

Age	Who	Group	Days	Time
5	Boys & Girls	Peanuts (T-Ball)	Mon. & Wed.	11:30 A.M. - 12:30 P.M.
6 - 7	Boys & Girls	Rookies	Mon. - Thurs.	10:30 A.M. - 11:30 A.M.
8 - 10	Girls	Ponytails	Mon. - Thurs.	9:00 A.M. - 10:30 A.M.
8 - 9	Boys	Shortstop	Mon. - Thurs.	9:00 A.M. - 10:30 A.M.



Girls JO Fast Pitch

[Click to Register](#)

- Minimum of 12 registered players to have a team
- Teams will travel out of town during the regular season
- Must provide a copy of their birth certificate
- Need their own uniforms for travel

Dates: May - July TBA

Age: Girls entering 6th grade through age 14
(as of January 1, 2023)

Age Groups: 12 & under, 14 & under

Practice Times: TBA

Days: Mon - Thurs

Early Registration Fee: \$103

Registration Fee: \$123

Early Registration Deadline: March 24, 2023

Location: Hi-Line Park & College Complex



Boys 10-12 Year Old Baseball

[Click to Register](#)

- Age as of April 30, 2023
- Cal Ripken (12 years old) Born May 2010 - April 2011
- Little League (10-11 years old) Born May 2011 - April 2013
- Teams will travel out of town during the regular season
- Must provide a copy of their birth certificate
- Need their own uniforms for travel

Dates: May - July TBA

Days: Mon - Thurs

Age Groups: 12 & under, 14 & under

Practice Times: TBA

Early Registration Fee: \$103

Registration Fee: \$123

Early Registration Deadline: March 24, 2023

Location: Hi-Line Park & College Complex





Mr. Basketball Academy

Mr. Basketball Academy is a camp for ages K-12th grade. Work on agility, conditioning, mental capacity, and fundamentals including ballhandling and shooting. Founded by Valley City Hi-Liner Tyron Terry, Mr. Basketball Academy is the perfect program for players of all ages to learn the sport of basketball.

Summer Camp

Early Registration Deadline: May 19th, 2023

Dates: May 30 - June 2

Location: Gaukler Family Wellness Center

*Includes T-Shirt

Grades K - 3

Times: 8:00 A.M. - 9:30 A.M.

Early Registration Fee: \$60

Registration Fee: \$80

Grades 4 - 6

Times: 9:45 A.M. - 12:00 Noon

Early Registration Fee: \$110

Registration Fee: \$130

Grades 7 - 9

Times: 1:00 P.M. - 4:00 P.M.

Early Registration Fee: \$110

Registration Fee: \$130

[Click to Register](#)

Summer Clinic

Early Registration Deadline: May 19th, 2023

Dates: Fridays only from June 9 - July 28

Location: Gaukler Family Wellness Center

Grades K - 4

Times: 10:30 A.M. - 12:00 Noon

Early Registration Fee: \$75

Registration Fee: \$95

Grades 5 - 12

Times: 8:00 A.M. - 10:30 A.M.

Early Registration Fee: \$100

Registration Fee: \$120

[Click to Register](#)



Sheyenne RiverFest

Happening August 5th, 2023, RiverFest is the area's largest watercraft festival and brings over 120 paddlers from more than four states to Valley City. Focused on creating a community for paddlers, this event features a watercraft launch, a scenic float down the Sheyenne River, and booths, games, and classes at Chautauqua Park to end the day. This year, there will be a Craft and Vendor Show right in Chautauqua Park.

Registration for RiverFest can be found at www.vcparks.com.

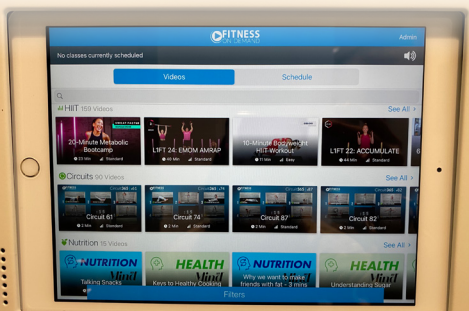


VCPR Craft & Vendor Show

Valley City's newest craft and vendor show will be located in Chautauqua Park accompanying Sheyenne RiverFest! This craft and vendor show will feature many booths selling a variety of handcrafted products. There will be food vendors, games, music, and a raffle drawing for the RiverFest prizes. You don't want to miss out on this first ever event!

Fitness on Demand

Fitness on Demand can be found in the south fitness room at the Gaukler Family Wellness Center. This virtual fitness opportunity features a handful of different classes at various skill levels. This program is a great way to get instructed fitness during times there may not be fitness classes. On a time crunch? Fitness on Demand has different duration workouts to choose from! Come try it out today!



Swimming Lessons

[Click to Register](#)

Levels Offered:

Parent Child:

Guardian must be in the water with child at all times. Adult and child learn together to increase child's comfort in the water. Basic skills are introduced.

Pre-School:

Introduce children to being in the water without their guardian and performing basic water skills.

Level 1: (MUST be 5 years old prior to 1st day of class)

Basic floats, strokes, and skills are introduced and taught with aid from instructors.

Level 2:

Students build upon skills learned in Level 1 and doing their skills more independently and with more refinement.

Level 3:

Students build upon skills learned in Level 2, learn new strokes and kicks, and fundamentals of diving.

Level 4:

Students build upon skills learned in Level 3, learn turns, new dives and strokes.

Level 5/6:

Students build upon and master skills learned in Level 4 and build their endurance.

Adaptive Swimming Lessons:

Offered during the summer - for more information, see Adaptive Programs.



Schedule

Summer swimming lesson registration will open May 1, 2023

June Session: June 5th - June 16th

Levels	Days	Times
Level 1, 2, 3, 4, 5/6	Mon - Fri	10:00 - 10:50 A.M.

Early Registration Deadline: May 29th

Levels	Days	Times
Level 1, 2, 3, 4, 5/6	Mon - Fri	11:00 - 11:50 A.M.

Early Registration Deadline: June 12th

Session 1: July 10th - July 21st

Levels	Days	Times
Parent Child	Mon - Thur	6:00 - 6:30 P.M.
Preschool	Mon - Thur	5:15 - 5:45 P.M.
Level 1 & Level 3	Mon - Fri	10:00 - 10:45 A.M. and 5:15 - 6:00 P.M.
Level 2 & Level 4	Mon - Fri	11:00 - 11:45 A.M. and 6:00 - 6:45 P.M.
Level 5/6	Mon - Fri	10:00 - 10:45 A.M.

Early Registration Deadline: July 3rd

Session 2: July 24th - August 4th

Levels	Days	Times
Parent Child	Mon - Thur	6:00 - 6:30 P.M.
Preschool	Mon - Thur	5:15 - 5:45 P.M.
Level 1 & Level 3	Mon - Fri	11:00 - 11:45 A.M. and 6:00 - 6:45 P.M.
Level 2	Mon - Fri	10:00 - 10:45 A.M. and 5:15 - 6:00 P.M.
Level 4	Mon - Fri	10:00 - 10:45 A.M.
Level 5/6	Mon - Fri	5:15 - 6:00 P.M.

Early Registration Deadline: July 17th

Adaptive Lessons

Dates
July 6 - July 28

Times	Days
12:00 - 12:45 P.M.	Tuesdays, Thursday, and Fridays

Early Registration Fee: \$50

Registration Fee: \$70

All Swimming Lessons Take Place at the
Gaukler Family Wellness Center Pool





Gaukler Family Wellness Center Pool

Hours

	Days	Time
Aqua Fit	Monday, Wednesday, Friday	8:00 - 9:00 A.M.
Morning Lap Swim	Tuesdays & Thursdays	6:00 - 8:00 A.M.
Afternoon Lap Swim	Daily	12:00 - 1:00 P.M.*
Morning Open Swim	Saturdays	9:00 - 11:00 A.M.
Afternoon Open Swim	Saturdays & Sundays	4:00 - 6:00 P.M.
Evening Open Swim	Monday - Thursday	7:00 - 9:00 P.M.

*Pool hours subject to change and may vary due to swimming lessons schedule.





Valley City Community Outdoor Pool

Address: 870 2nd Ave NE

Phone: (701) 845 - 0926

The Community Pool features a zero-depth entry pool with various fountains and slides throughout the pool for younger children. There is also a 148-foot water slide for all ages to enjoy*. Pool is also available for group rentals.

Season Passes

Family	\$175.00
Individual	\$80.00

Session Fee

Ages 0-2 years (Must wear swim diaper)	Free
Ages 3-14	\$4.00
Ages 15 and Over	\$5.00

Open Swim

1:00 - 4:30 P.M.	Daily: Sunday - Saturday
7:00 - 9:00 P.M.	Monday, Tuesday, Thursday

Family Swim

7:00 - 9:00 P.M.	Wednesday, Friday
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*Children must be at least 9 years old to be at the pool without an adult. Children age 8 and under must be accompanied by an individual age 16 and older. That individual must be with the child(ren) at all times, in or out of the water. NO EXCEPTIONS.

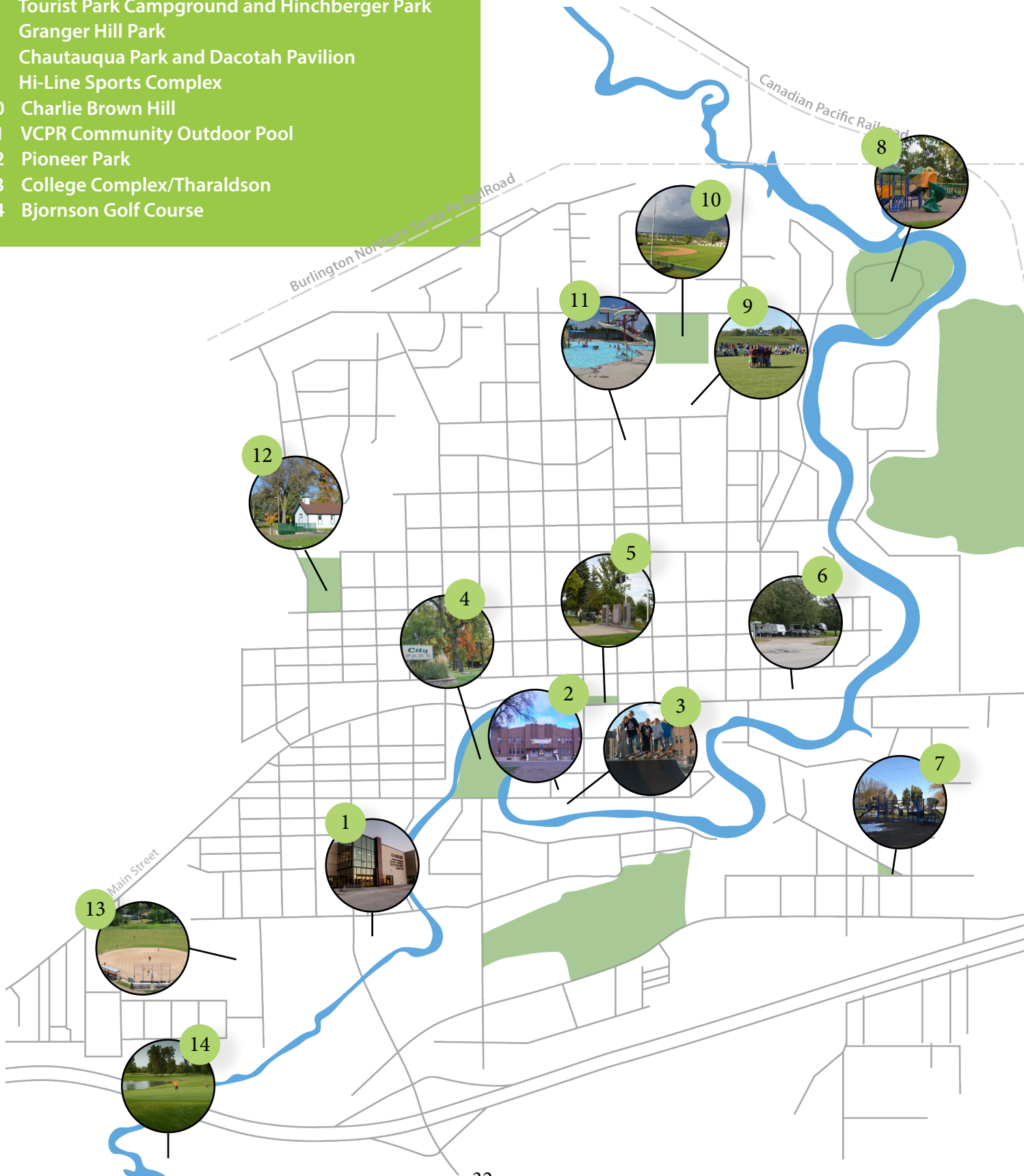
Note: Anyone who enters pool area, including deck, must pay admission fee.

Be A Lifeguard! Call 845-3294 for more information.



Parks & Facilities Map

- #1 VCPR Offices/Gaukler Family Wellness Center
- #2 Rec Center
- #3 Skate Park
- #4 City Park
- #5 Veterans Memorial Park
- #6 Tourist Park Campground and Hinchberger Park
- #7 Granger Hill Park
- #8 Chautauqua Park and Dacotah Pavilion
- #9 Hi-Line Sports Complex
- #10 Charlie Brown Hill
- #11 VCPR Community Outdoor Pool
- #12 Pioneer Park
- #13 College Complex/Tharaldson
- #14 Bjornson Golf Course



Valley City Parks and Recreation Sites



City Park

Walk, run, or bike through beautiful City Park nestled in the curves of the Sheyenne River. Enjoy live music at the historic Bandshell, play on the playgrounds, enjoy a picnic at the picnic areas, or join in a friendly game of tennis, pickleball, and Frisbee golf.

Located in Downtown Valley City, the park is easily accessible to downtown shopping and dining. The park features monuments honoring local veterans, a static displays including a missile, a Navy anchor, 2 Howitzer Cannons, and an F104C Aircraft.



Veterans Memorial Park



Charlie Brown Memorial Baseball Field

Charlie Brown Memorial Baseball Field is the home for the Viking baseball team. Nestled into the side of a hill, the field is well-known throughout the state of North Dakota as a great place to watch a game. It is also home to the Valley City State University Vikings, the Valley City Post 60 Legion baseball team, the Valley City High School team, and several youth and amateur baseball programs.

Pioneer Park features picnic areas and handicap accessible playground equipment. An approximate 1/4 mile loop recreational trail surrounds the park and the newly renovated Ampitheatre is now in use. A gazebo, season outdoor ice rink, and warming house is also available during the winter.



Pioneer Park



Chautauqua Park

With breathtaking views of the Hi-Line bridge, Chautauqua Park features a large playground, bean-bag-toss, sand volleyball court, and a dog park. There is also a boat landing and dock with direct access to the Sheyenne River. Located inside the park, Dacotah Pavilion is a large rental space that is perfect for family reunions, graduations, business meetings, and more.

The Rec Center is a landmark in Valley City with 2 full size basketball courts and is home to the Sheyenne Valley Bowman Archery Club, and All American TaeKwonDo in addition to adult sport programs and youth tournaments. The Rec Center can also be rented on an hourly or daily basis.



Recreation Center Gym



VCPR Community Outdoor Pool

The Community Pool features a zero-depth entry pool with various fountains and slides throughout the pool for younger children. There is also a 148-foot water slide for all ages to enjoy*. There is open swimming held daily throughout the summer months. Pool is also available for group rentals.

The Valley City Skate Park features ramps, rails, and other obstacles that are suitable for skating skills of all ranges. Roller skates, scooters, skateboards, and more, the skate park is the perfect place to perfect skills and tricks of any skill level.



Skate Park



733 8th Avenue SW Valley City, ND, 58072
701-845-3294 info@vcprparks.com
www.vcparks.com

